Salsa (C2/C26)

Refried beans (C26)

1 can cream of broccoli soup (C24)

4 cans of whole kernel corn (C23)

2 packages sliced cheese

8 oz. shredded cheddar cheese

8 oz Mexican cheese

1 romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 small container of baby tomatoes

1 celery

4 carrots

1 cucumbers

1 Italian parsley

1 lb. broccoli

1 cube of firm tofu

1 serving of zucchini or yellow squash

5 avocados ($0.79 each)

1 lb. broccoli

1 cauliflower

3 yellow onions (+1)

1 red pepper

1 green pepper

5 apples (Fuji or honeycrisp)

7 servings of fruit

2 green bananas

Red seedless grapes ($2.99/lb.)

Clementines ($5.99/5 lbs.)

1 bag of bagels

Vlasic dill pickles (if on sale)

Aha sparkling water

Tamales (10 for $10)

About 5-6 lbs. fresh pork shoulder picnic roast ($0.99/lb.)

1 pint half and half

Ice cream (with no nuts)

Toothpaste (Sensodyne, fresh mint, not rapid relief, green on the box), if on sale

Costco

Chips

2 rotisserie chickens

4 gallons of nonfat milk

1 carton of 24-count eggs

Hand soap

Daily vitamins